New Jersey Demographics

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New Jersey (2024)*

- Total foreign-born population – 2,376,424
- 25.0% of the state's ~ 9.4 million people are foreign born
  - 55.9% naturalized citizens
  - 23% legal permanent residents (as of 2023)*
  - 21% temporary visa holders or undocumented immigrants
- 61.0% rise in immigrant population from 2000 to 2024
- Length of time immigrants have lived in the U.S.
  - 39.6% entered before 2000
  - 21.1% entered 2000 - 2009
  - 39.4% since 2010
- 42.9% of children under age 18 have one or more immigrant parents
  - 57.1% of these children are native-born U.S. citizens

*Source: Migration Policy Institute (MPI), Migration Data Hub, "State Immigration Data Profiles: Demographics," (April, 2026).

New Jersey– Countries/Regions of Origin & Limited English Proficiency (LEP)(2024)*

- Latin America – 49.6%
  - Caribbean (17.2%)
  - South America (18.8%)
  - Other Central America (6.3%)
  - Mexico (5.0%)
- Asia – 28.9%
  - India (12.5%)
  - Southeastern Asia (5.0%)
  - China/Taiwan (5.0%)
- Europe – 11.9%
  - Eastern Europe (6.3%)
- Africa – 6.0%
- Middle East – 2.7%
- Canada – 0.8%
- Oceania – 0.2%
- Language spoken
  - 34.3% of people in the state who speak a language other than English at home
  - 45.2% of foreign born persons are LEP - speak English less than "very well"

*Source: MPI Data Hub, "State Immigration Data Profiles: Demographics," (April 2026).

New Jersey-Languages Spoken at Home (2024)*

- Spanish (1,606,399)
- Chinese (including Mandarin, Cantonese) (138,338)
- Hindi (106,941)
- Portuguese (100,104)
- Arabic (83,692)
- Tagalog (including Filipino) (81,052)
- Korean (78,252)
- Gujarati (75,351)
- Polish (62,734)
- Haitian (60,303)
- Yoruba, Twi, Igbo, or Other Languages of Western Africa (56,130)
- Italian (50,266)
- Russian (49,142)
- French (Including Cajun) (44,821)
- Urdu (42,025)
- Telugu (37,269)
- Bengali (30,305)

* Source: MPI Data Hub, "State Immigration Data Profiles: Language and Education," (April, 2026)

New Jersey-LEP (2024)*

- Limited English Proficiency (Speak English less than very well)
  - Naturalized citizens – 36.3%
  - Noncitizens – 56.7%
- Limited English Proficiency by language spoken at home
  - Korean (53.1%)
  - Chinese (41.3%)
  - Spanish (47.9%)
  - Portuguese (44.1%)
  - Polish (44.6%)
  - Haitian (42.9%)
  - Gujarati (38.6%)
  - Russian (37.5%)
  - Arabic (33.7%)
  - Tagalog (29.2%)

* Source: MPI Data Hub, "State Immigration Data Profiles: Language and Education," (April, 2026)