Massachusetts Demographics

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Massachusetts (2024)*

- Total foreign born population – 1,337,811
- 18.7% of the state's ~ 7.1 million people are foreign born
  - 52.1% naturalized citizens
  - 17% legal permanent residents (as of 2023)*
  - 30.9% temporary visa holders or undocumented immigrants
- 73.1% rise in immigrant population from 2000 to 2024
- Length of time immigrants have lived in the U.S.
  - 34.8% entered before 2000
  - 20.2% entered 2000 - 2009
  - 45.0% since 2010
- 33.4% of children under age 18 have one or more immigrant parents
  - 66.6% of these children are native-born U.S. citizens

*Source: Migration Policy Institute (MPI), Migration Data Hub, "State Immigration Data Profiles: Demographics (April, 2026)

Massachusetts – Countries/Regions of Origin & Limited English Proficiency (LEP)(2024)*

- Latin America – 42.0%
  - Caribbean (16.5%)
  - Brazil (9.7%)
  - Central America (9.6%)
- Asia – 26.0%
  - South Central Asia (9.5%)
  - China/Taiwan (9.2%)
  - India (6.5%)
  - Southeastern Asia (5.7%)
- Europe – 16.2%
  - Eastern Europe (6.2%)
  - Portugal (3.2%)
- Africa – 10.1%
  - Western Africa (5.1%)
- Middle East – 3.3%
- Canada – 1.9%
- Oceania – 0.4%

Language spoken

- 25.8 % of people in the state who speak a language other than English at home
- 43.6% of foreign born persons are LEP - speak English less than "very well"

Source: MPI Data Hub, "State Immigration Data Profiles: Demographics (April, 2026)

Massachusetts -Languages Spoken at Home (2024)*

- Spanish (670,417)
- Portuguese (247,638)
- Chinese (including Mandarin, Cantonese) (153,598)
- Haitian (86,961)
- French (Including Cajun) (48,964)
- Arabic (45,079)
- Vietnamese (44,075)
- Russian (40,143)
- Hindi (38,508)
- Yoruba, Twi, Igbo, or Other Languages of Western Africa (21,061)
- Italian (20,843)
- Nepali, Marathi, or Other Indic Languages (20,291)
- Khmer (19,223)
- German (15,136)
- Telugu (13,840)
- Gujarati (12,619)
- Japanese (7,839)

* Source: MPI Data Hub, "State Immigration Data Profiles: Language and Education (April, 2026)

Massachusetts - LEP (2024)*

- Limited English Proficiency (Speak English less than very well)
  - Naturalized citizens – 35.2%
  - Noncitizens – 52.8%
- Limited English Proficiency by language spoken at home
  - Vietnamese (56.8%)
  - Khmer (51.2%)
  - Portuguese (49.3%)
  - Chinese (including Mandarin, Cantonese) (46.0%)
  - Haitian (44.3%)
  - Spanish (43.8%)
  - Korean (40.5%)
  - Russian (34.6%)
  - Nepali, Marathi, or Other Indic Languages (33.8%)
  - Arabic (31.5%)
  - Gujarati (23.4%)

* Source: MPI Data Hub, "State Immigration Data Profiles: Language and Education (April, 2026)