

# Use your letter to apply for benefits and services

## Which letter did you get?



The **Eligibility Letter** does not expire, but some benefits are time-limited.



The **Interim Assistance Letter** can be used to apply for benefits for up to 120 days.

- ▶ Find your **Benefits Start Date** in bold and underlined in the middle of your letter.
- ▶ **Keep your letter!** You will need your original letter to apply for benefits and services.

## With your letter, you can get help with:

Food  
Money  
Health Insurance

Medical Services  
Mental Health  
Education

Employment  
Housing  
Foster Care

*\*You may not be eligible for all benefits, and some benefits are time-limited. See other side for details.*

## What should you do next?

- 1** Call **1-800-307-4712** for help finding a case manager.  
The case manager will help you with the steps below for free.

### With the help of your case manager:

- 2** Apply for a non-work Social Security Number (SSN)
  - ▶ Visit [ssa.gov/locator](https://ssa.gov/locator) or call **1-800-772-1213** to find your nearest Social Security Administration (SSA) office. *\*You may need to make an appointment.*
  - ▶ When you go to the SSA office, bring:
    - Original Eligibility Letter or Interim Assistance Letter (*required*)
    - Birth Certificate (*recommended*)
    - Photo ID, like a state ID, non-expired passport, or school ID (*recommended*)
- 3** Apply for benefits and services
  - ▶ Visit local benefit-issuing agencies
  - ▶ When you go to an office or agency, bring:
    - Original Eligibility Letter or Interim Assistance Letter (*required*)
    - Non-work Social Security ID (*required*)
    - Proof of household income for all working household members (*required*)
    - Photo ID, like a state ID, non-expired passport, or school ID (*recommended*)

## You may be eligible for these programs:



Food

- Supplemental Nutritional Assistance Program (SNAP): Assistance program used like cash to pay for food at most grocery stores



Money

- Supplemental Security Income (SSI): Cash assistance to meet basic needs (food, shelter, and clothing) for people who are blind, aged, or have a disability and have little or no income and resources.
- Temporary Assistance for Needy Families (TANF): Cash and work opportunities for families and children under 18 years old.
- Refugee Cash Assistance (RCA): Time-limited cash assistance for refugees and other special populations who are not eligible for SSI or TANF. *\*RCA is only available for up to 8 months following your Benefits Start Date.*



Health Insurance and Medical Services

- Medicaid: Health coverage for people with low income and limited resources.
- Refugee Medical Assistance (RMA): Time-limited medical help for refugees and other special populations who are not eligible for Medicaid. *\*RMA is only available for up to 8 months following your Benefits Start Date.*
- Children's Health Insurance Program (CHIP): Health insurance for low-income, uninsured children under 18 years old.
- Office of Refugee Resettlement (ORR) Medical Screenings: Health screenings, diagnosis, treatment, and preventative care.



Mental Health

- Substance Abuse and Mental Health Services Administration (SAMHSA): Help with substance use and mental illness.



Higher Education

- Title IV Federal Student Financial Aid (FAFSA): Grants, loans, and work study to help pay for education.



Employment

- Job Corps: Career training program for youth 16 to 24 years old.
- Refugee Support Services: Services include English language training, vocational training, and job placement and retention.



Housing

- Public Housing Program: Affordable housing for low-income families & individuals.
- Housing Choice Voucher Program: Housing voucher program to help low-income families and individuals pay rent.



Foster Care

- Unaccompanied Refugee Minors Program (URM): Foster care for unaccompanied refugee minors and other special youth populations in the United States.

### Questions about your letter and benefits

Office on Trafficking in Persons Child Protection Specialists

☎ 202-205-4582

✉ ChildTrafficking@acf.hhs.gov

### Case management services in your area

Trafficking Victim Assistance Program

☎ 1-800-307-4712

✉ traffickingvictims@uscrdc.org

### Emergency services

National Human Trafficking Hotline

☎ 1-888-373-7888 📱 Text 233733

💻 Live chat [humantraffickinghotline.org/chat](https://humantraffickinghotline.org/chat)

