

New Hampshire Demographics

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New Hampshire (2021)*

- ❖ Total foreign-born population – 82,127
- ❖ 5.9% of the country's ~ 1.4 million people are foreign born
 - 61.1% naturalized citizens
 - 27% legal permanent residents (as of 2019)
 - 11.9% temporary visa holders or undocumented immigrants
- 51.7% rise in immigrant population from 2000 to 2021
- ❖ Length of time immigrants have lived in the U.S.
 - 43.1% entered before 1999
 - 22.4% entered 2000 - 2009
 - 34.5% since 2010
- ❖ 12% of children under age 18 have one or more immigrant parents
 - 87.2% of these children are native-born U.S. citizens

**Source: Migration Policy Institute Data Hub (October, 2023) and Lawful Permanent Resident estimates MPI and DHS (2022)*

New Hampshire– Countries/Regions of Origin & Limited English Proficiency (LEP)(2021)*

- ❖ Asia –29.9%
 - ❖ Southeastern Asia (9.1%)
 - ❖ India (8.6%)
 - ❖ China/Taiwan (6.2%)
- ❖ Europe – 26%
 - ❖ Eastern Europe (10.6%)
 - ❖ Northern Europe (7.1%)
 - ❖ Western Europe (5.5%)
- ❖ Latin America – 22.3%
 - ❖ Caribbean (11.2%)
 - ❖ South America (7.3%)
- ❖ Canada – 9.7%
- ❖ Africa – 6.9%
- ❖ Middle East – 4.2%
- ❖ Oceania – 1%
- ❖ Language spoken
 - ❖ 8% of people in the state who speak a language other than English at home
 - ❖ 26.4% of foreign-born persons are LEP - speak English less than “very well”

**Source: [Migration Policy Institute Data Hub](#) (October, 2023)*

New Hampshire-Languages Spoken at Home (2021)*

- ❖ Spanish (32,455)
- ❖ French (including Cajun) (16,958)
- ❖ Chinese (including Mandarin, Cantonese) (5,531)
- ❖ Portuguese (5,167)
- ❖ Nepali, Marathi, or Other Indic Languages (4,004)
- ❖ German (3,726)
- ❖ Arabic (2,807)
- ❖ Vietnamese (2,216)
- ❖ Russian (2,129)
- ❖ Telugu (2,038)
- ❖ Swahili or Other Languages of Central, Eastern, and Southern Africa (1,953)
- ❖ Hindi (1,675)
- ❖ Tagalog (including Filipino) (1,673)
- ❖ Korean (1,468)
- ❖ Italian (1,301)
- ❖ Thai, Lao, or Other Tai-Kadai Languages (1,232)
- ❖ Tamil (1,172)

* Source: <https://www.migrationpolicy.org/data/state-profiles/state/language/NV> (October, 2023)

New Hampshire - LEP (2021)*

- ❖ Limited English Proficiency (Speak English less than very well)
 - ❖ Naturalized citizens – 23.1%
 - ❖ Noncitizens – 31.5%
- ❖ Limited English Proficiency by language spoken at home
 - ❖ Thai, Lao, or Other Tai-Kadai Languages (59.4%)
 - ❖ Vietnamese (59.2%)
 - ❖ Nepali, Marathi, or Other Indic Languages (51.9%)
 - ❖ Korean (48%)
 - ❖ Chinese (including Mandarin, Cantonese) (43.9%)
 - ❖ Arabic (40.9%)
 - ❖ Swahili or Other Languages of Central, Eastern, and Southern Africa (39.1%)
 - ❖ Spanish (33.5%)
 - ❖ Russian (33.1%)
 - ❖ Portuguese (31.6%)
 - ❖ Telugu (27.6%)

* Source: <https://www.migrationpolicy.org/data/state-profiles/state/language/NV> (October, 2023)